





2022 Financial Fitness Study



The Financial Fitness of Canadians declines to 2018 levels, but recent home buyers score much higher. Growing proportions of Canadians worry that their financial situation will worsen in the coming year. Despite these trends, Canadians remain confident long-term.

Methodology: A total of 2,005 interviews with Canadians aged 18+. Online interviewing was completed between March 7-21, 2022. Quotas were set to oversample in urban regions with weighting to bring them into overall national representative distributions.

Study completed by Environics Research on behalf of Sagen and in association with the Canadian Association of Credit Counselling Services.

Financial Fitness

Set at 100 in 2011, the Financial Fitness Index initially declined but regained until 2020. The pandemic caused a sharp downward movement, but it would have been worse without government assistance. 2021 represents the highest Financial Fitness on record, with 2022 showing decreases to 2018-levels.



Have long-term confidence Intenders slightly more confident than recent buyers, but Have a more worry about financial plan making ends meet 77% 67% month to month Recent Buyers Intenders Concerned about making ends meet



70% of FTHB feel they are in good or great financial shape

of homeowners say they are in good or great financial shape

Impact of COVID-19



Of the 4-in-10 who shifted to working remote during the COVID-19 pandemic, most expect to continue working from home

of New Canadians say that their savings did not increase during the pandemic

of Intenders say their savings increased during the pandemic



Those working full-time are more likely to expect a hybrid work model (22%), while those working part-time are more likely to say working arrangements didn't change and they will continue to work in-person (65%)



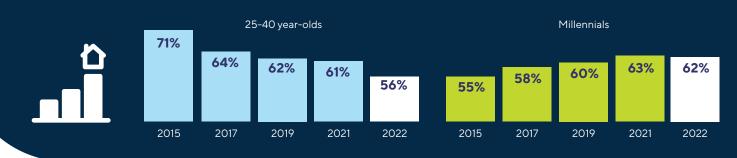
One third of Canadians continue to see savings grow through the pandemic, more among recent buyers and intenders

of Millennials are more likely than Boomers (29%) to say their savings increased during the pandemic

The Big Picture

FTHB: First-time homebuyers FTI: First-time intenders

Homeownership rates among 25-40 year olds continue to decline; homeownership among Millennials stalls



Homeownership patterns among Canadians





likely to rent



live with no rent

Home buying sentiment reaches a new low; both FTHB and FTI are pessimistic

FTHB





Good Time

Good/Bad









Don't know

17% 26%

21%

53% 51%

3%

Preferred type of homes







55% 45% 57% 53%



Condominium

21% 15% 18% 17%



Townhouse

13% 17%

10% 23%



Duplex/Semi-detached home

13% 7% 10% 10%

FTHB

FTHB bought their first home in the past 24 months

2021

of Canadians feel there is insufficient supply of homes available in their areas

of non-homeowners plan to buy a home in the next 24 months

Millennials

15%

More likely to have bought or plan to buy semi-detached homes



More likely than Boomers to say their savings increased (38% vs. 29%)

91%

plan to need a mortgage

More likely to require high ratio mortgages More likely to require



18% of Millennials are more likely to have purchased their first-home in the past 24 months

of Millennial non-homeowners plan to buy a new home in the next 24 months.

New Canadians



66%: New Canadians are more likely to say savings did not increase during the pandemic

More likely to require high ratio mortgages

More likely to spend 6 to 12 months shopping

New Canadians are more likely to rent a home (41%) and less likely to own (55%)

64% More likely to be working full-time

Respondent Profile

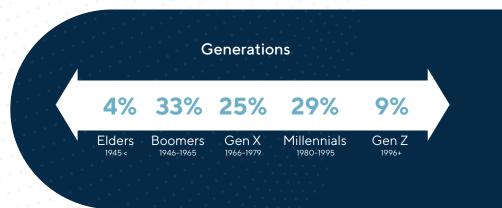


Education

9% Post Grad23% University44% College/Vocational24% High School/Less

Employment Household Income Household Size 48% Full-time One 22% 11% Part-time Two 41% 30% \$100K+ 5% Unemployed Three 16% 33% \$50K-\$99K 5% At home Four 14% 4% Student 26% <\$50K Five+ 4% 26% Retired







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