

# 2023 Financial Fitness Study



### Methodology

reported in Census 2021.

A total of 2,223 interviews completed with Canadians aged aged 25-45 who had either purchased their first home within the prior two years or plan to in the next two years.

Online interviewing was completed between February 22 and March 27, 2023. Results are weighted to reflect home ownership and mortgage ownership patterns as

Study completed by Environics Research on behalf of Sagen and in association with the Canadian Association of Credit Counselling Services.

# Financial Fitness

First-time homebuyers consistently outpace all Canadians on Financial Fitness; but decline in 2023 as intenders are flat and Canadians decline as a whole.



First-Time homebuyers now more concerned about further interest rate increases impacting their ability to pay their mortgage than job loss or other risks.



FTHB: First-time homebuyers

• FTI: First-time intenders

Concerned about:

Making ends meet month

52% 43%

Long-term financial health

**81% 81%** 

Ability to pay all their bills and save some money

43% 54%

Most FTHB and FTI fall into the Looking Great/Looking Good or Managing Financial Fitness Segments.



31%

of **FTHB** and **44%** of **FTI** say their financial position improved in the past 12 months



46%

of **FTHB** and 65% of **FTI** expect their financial position improve with in the next 12 months



Vulnerable

**15% 23%** 

Alert

4% 7%

# 2 The Big Picture

Homeownership rates among 25-40 year olds reaches all-time lows; Millennial homeownership rates stall



## Homeownership Preferences and Motivations



Having a space to work from home

76% 76%

Energy Eficiency of the Home

75% 84%

# Homebuyer confidence is positive among FTHB and FTI



### Preferred Type of Homes



Condominium

24% 24%

23% 19%

Townhouse

18% 18%

19% 14%



Duplex/ Semi-detached home

**11% 11%** 2023

11% 12% 2021

25% recei

of FTHB received, and 17% of FTI will receive financial assistance with monthly mortgage payments

15%

of Canadians who do not own a home plan to buy one in the next 24 months

46% 47%

46% 53%

40%

of Canadians feel there is insufficient supply of homes available in their areas

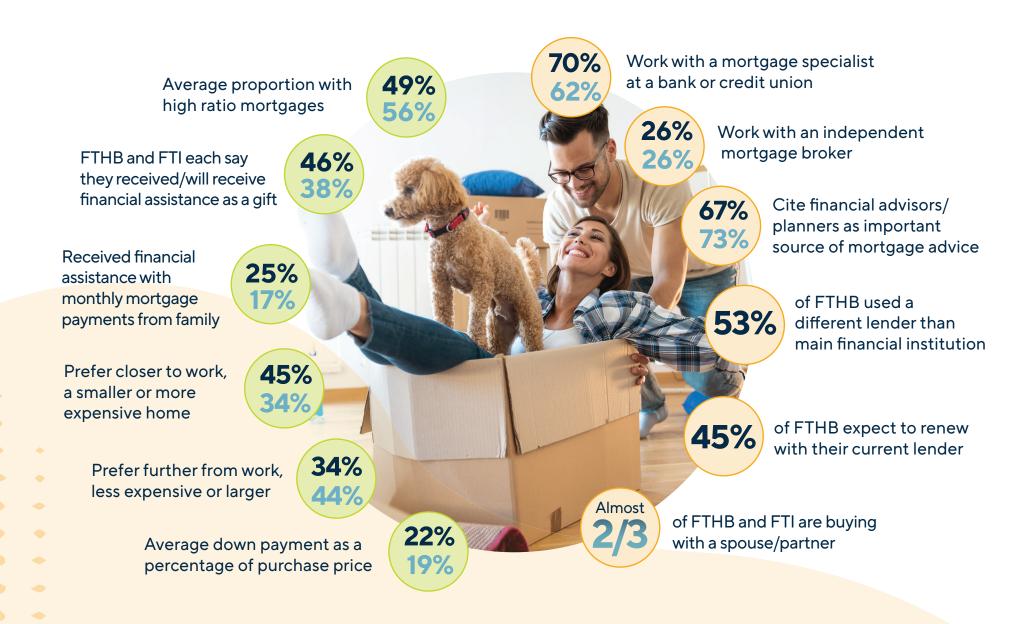
13%

of Canadians think now is a good time to buy a home

50%

of Canadians think now is a bad time to buy a home





# 5 Respondent Profile

# Gender 50% 50%

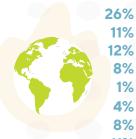
Female

Male

### **Marital Status**



### **Country Immigrated From**



26% South Asia

1% China/Taiwan2% Other Asia

8% Western Europe

1% Eastern Europe

4% Middle East

3% Africa

1% Americas

### Household Income



% 23% 489

### Education

**26%** Post- Graduate

41% University

22% College/Vocational/ CEGEP

1% High School/Less



### **Employment**

81% Full-time

7% Part-time

4% Unemployed or looking

5% At home full-time

3% Student



### Household Size

One 16%

Two 33%

Three 24%

Four 16%

Five+ 11%

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### Age



35% 30 - 34 years 40%

35+ year

### Birthplace



Canada 71%

Another Country







